

LOVE AND AWE ♦ אהבה ויראה ♦ AHAVAH V'YIRAH
HARUACH ♦ HIGH HOLY DAYS 5784 ♦ CONGREGATION BETH SHOLOM



IN MEMORY OF
JERRY EISENMAN
JANUARY 8, 1925 - AUGUST 11, 1998
9 TEVET 5685 - 19 AV 5758

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A LETTER FROM THE RABBI

Adonai, my light and my help, whom shall I fear?
Adonai, stronghold of my life, of whom shall I be afraid?

These words are the opening phrases of Psalm 27 — the psalm that we add to our daily prayers on the first day of *Elul* all the way through *Shemini Atzeret*, the final day of our High Holy Days season. The last Hebrew word of the first phrase is *yirah*, most commonly translated as “fear.” But ‘fear’ is not the only possible way to experience this word. Try instead: to revere, to honor, to respect, or, as I prefer, to be in **awe**.

What makes you afraid, and whom do you fear?
What inspires awe in your life?

Our commentaries teach us that in order to engage in *yirah*, we must know it — feel close to it and be in relationship with it. Rabbi Abraham Joshua Heschel taught that to live in *yirah*, is not to live in fear, but to “live life in **radical amazement** — to get up in the morning and look at the world in a way that takes nothing for granted.” I believe that if we can live our lives in this way: taking nothing for granted, our wonder of and amazement for the world can open us to deep love.

When I began to explore themes for this High Holy Days season, my first attempt was *Ahavah v’Yirah*, Love and Fear — not hand-in-hand with each other, but as a binary. You can either live in love or live in fear. But as I explore the relationship between *ahavah* and *yirah*, I realize that they do not happen separately, independently. They are intertwined, with one guiding us to the other.

I cannot claim that I live my life in constant amazement. I, like you, have doubts and fears about the world. I experience pain and loss and I see our world with all of its flaws. Sometimes I live mindlessly — on autopilot — acting out of habit. But there is one thing that I am in constant awe of and love with (besides of course, my beautiful family), and that is our Beth Sholom community. It sounds cliché, but it is true. At the center of the Richmond District lives our synagogue — for more than one hundred years

— yet somehow, it has the feeling of a new beginning, vibrant and full of life.

As you read through this *HaRuach*, I hope you find something that piques your interest and invites you to join us for learning or prayer — from throwing bread crumbs in the lake or eating a meal together. I hope you feel not only my personal invitation, but the embrace and togetherness of the entire community.

My hope for each of us this High Holy Days season and 5784, is that we open ourselves to moments of love and awe — here in community, with our loved ones, in prayer and in our own quiet self-reflection. That is my personal *kavanna* (intention) and I invite you to join me.

With love and admiration for each of you,



RABBI AMANDA RUSSELL



DEAR FRIENDS

As summer ends and we begin a New Year, I can think of nothing I am more proud of than the amazing work and programming taking place at Congregation Beth Sholom. Our membership continues to grow, attendance at our events increases and enthusiasm and joy overflow in all we do. I am especially excited about the upcoming High Holy Days experience, which, perhaps, is the best we've ever offered at CBS!

Led by the amazing combination of Rabbi Russell and Rabbi Richman, our services will be meaningful, moving and inspirational. While we adults pray together, our children will enjoy the exceptional programming designed by our outstanding education team of Adam Lowy and Dale Kleisley. And if services aren't your "thing," come gather with your fellow congregants in other ways — schmooze on Eva Gunther Plaza, join a meditation session in Makor Or, come hear the blowing of the shofar or a walk to *Tashlich* on Rosh Hashanah Day 2, and/or share a meal in our Sukkah. There will be something for all who are eager, as am I, to connect with others in our community.

The High Holy Days will be a bustling time at Congregation Beth Sholom, especially Rosh Hashanah and Kol Nidre, because they both fall this year on weekends. We look forward to greeting all of our members and guests — whether this is your first time at Beth Sholom or you've been with us for two months, two years, two decades, or, for many, even more.

During this most joyous and important time of our year, please join me in thanking our Board, our Rabbis, and our staff for all they do to make our synagogue and our community ever-stronger, ever more vibrant and ever more welcoming. With their creativity, boundless energy, and passion, I am confident that 5784 will be our best year yet.

May the New Year bring you and your family only health and happiness. And may it be a year of peace and prosperity for our community.

Shanah Tovah — Happy New Year!

Michael Rapaport

MICHAEL RAPAPORT ♦ PRESIDENT



I LOVE BETH SHOLOM!

Over the last couple of years you may have heard Rabbi Russell and me, along with a variety of community musicians, belting out the lyrics to our Beth Sholom rock anthem, adapted to the 80's classic, *I Love Rock 'n' Roll*, by Joan Jett and the Blackhearts. When I wrote the lyrics to our anthem, my intention was to create a catchy, familiar, fun and easy to learn ode to what is going on here and how rocking it is to be a part of this community. The adaptation worked, all members of our multigenerational community could sing along and feel the joy. Initially, for me, the word "Love" made sense, but, to be totally honest,

I didn't yet LOVE Beth Sholom. Not the same way that I love my family, or basketball, or fresh-baked chocolate chip cookies — the way you love the things that live in that special and wonderful place in your heart, soul and spirit.

The more I immersed myself at Beth Sholom, the more I got to know the people that call this place their spiritual home. The more I got to share space and time and learn alongside our children. The more I got to witness the dedication and passion of our lay leaders. The more I found myself actually falling in love with Beth Sholom! My child, Irit, had their *b'mitzvah* here. They were celebrated. They were honored. They beamed with pride as the congregation responded as they led us in the *Sh'ma*. My family and I felt seen, heard, embraced, understood and blessed. We felt the essence of community. We felt loved at Beth Sholom. When I sing *I Love Beth Sholom* now, I mean it and I am grateful to all of you for that.

The love fest continues as I turn toward 5784, the *Yamim Noraim*, the Days of Awe. Each and every day I stand in awe as I witness my colleagues at work...

- ◆ I am in awe of Rabbi Russell's fearless and relentless drive, her super skills and her egoless leadership!
- ◆ I am in awe of Dale's boundless energy and her ability to make everyone at Beth Sholom feel welcome and at home!
- ◆ I am in awe of Allen Levy's dedication, commitment, work ethic and his absurdly positive attitude — towards everything!
- ◆ I am in awe of Lily's initiative, creativity and communication skills, all the way from Brooklyn!
- ◆ I am in awe of Alan Schnur's calm, his certainty, his understanding of the power of humor and how his confidence in his team enables us all to thrive!
- ◆ I am in awe of Marlene's vast repertoire of nutritious and delicious cuisine, her resourcefulness and her cool demeanor no matter how hot the kitchen gets!
- ◆ I am in awe of Hilary's cooperative attitude, the reverence she has for her work and her relationship

to Beth Sholom, and her ability to keep up with Rabbi Russell's pace!

- ◆ I am in awe of Adie's efficiency, patience and professionalism, her grace under pressure, her presence and purpose as she helps Beth Sholom become bigger, better and stronger!
- ◆ I am in awe of Ben's maturity, his wisdom, devotion and joyous approach to all that is asked of him and all that he creates.

Amazing. All Stars. Awesome. I love Beth Sholom.

May your new year be full of love. May your new year be full of awe-inspiring people and experiences. May your new year be at Beth Sholom.

L'Shanah Tovah u'Metukah,



ADAM LOWY ◆ LIFELONG LEARNING MOREH DERECH



EREV ROSH HASHANAH – FRIDAY, SEPTEMBER 15, 2023

| | | | |
|----------------------|----------------------------------|--|---------------------------------|
| 6:00 p.m. – 7:30 p.m | Sanctuary | Traditional Service with Music | Rabbi Russell and Rabbi Richman |
| 6:00 p.m. – 7:30 p.m | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 6:00 p.m. – 7:30 p.m | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |
| Following Services | Koret Hall | Community Dinner | Chef Marlene |

ROSH HASHANAH DAY 1 – SATURDAY, SEPTEMBER 16, 2023

| | | | |
|------------------------|---------------------------------------|--|---|
| 9:00 a.m. – 11:00 a.m | Sanctuary | Traditional Morning Service | Rabbi Russell and Rabbi Richman |
| 9:00 a.m. – 9:30 a.m | Makom Shalom and Meditation Garden | <i>Kol Demama Dakah</i> : Music and Meditation Service | Rabbi Richman |
| 10:00 a.m. – 11:00 a.m | Koret Hall All Ages | Interactive Family Service | Adam Lowy, Dale Kleisley and the Mishpacha Band |
| 11:00 a.m. – 2:00 p.m | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 11:00 a.m. – 2:00 p.m | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |
| 11:00 a.m. – 12:00 p.m | Sanctuary | Community Gathering and Rabbi Remarks | Rabbi Russell and Rabbi Richman |
| 12:00 p.m. – 2:00 p.m | Eva Gunther Plaza | Lunch Service | Chef Marlene |
| 12:00 p.m. – 2:00 p.m | Sanctuary | Traditional <i>Musaf</i> Service | Rabbi Russell and Rabbi Richman |

ROSH HASHANAH DAY 2 – SUNDAY, SEPTEMBER 17, 2023

| | | | |
|---------------------------------------|---|--|--|
| 9:00 a.m | Sanctuary | Traditional Morning Service with <i>Shofar</i> | Rabbi Russell and Rabbi Richman |
| 9:00 a.m. – 9:45 a.m | Meet at CBS Entrance <i>Walk in the Presidio</i> | Stretch-&-Go Before You Pray | Adam Lowy and Shira Rutman |
| 9:00 a.m. – 2:00 p.m | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 9:00 a.m. – 2:00 p.m | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |
| 12:00 p.m | Eva Gunther Plaza | Lunch-n-Learn | Rabbi Richman |
| Following Lunch-n-Learn ~2:00 p.m. | Meet at CBS Entrance Mountain Lake Park | <i>Tashlich</i> | Rabbi Russell, Rabbi Richman and Adam Lowy |

KOL NIDRE – SUNDAY, SEPTEMBER 24, 2023

| | | | |
|-----------------------|----------------------------------|--|---|
| 6:30 p.m. – 8:30 p.m. | Sanctuary | Traditional Kol Nidre Service | Rabbi Russell, Rabbi Richman and Michael Rapaport |
| 6:30 p.m. – 8:30 p.m. | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 6:30 p.m. – 8:30 p.m. | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |

YOM KIPPUR MORNING – MONDAY, SEPTEMBER 25, 2023

| | | | |
|-------------------------|---------------------------------------|---|------------------------------------|
| 9:00 a.m. – 11:00 a.m. | Sanctuary | Traditional Service | Rabbi Russell and Rabbi Richman |
| 9:00 a.m. – 9:30 a.m. | Makom Shalom and Meditation Garden | <i>Kol Demama Dakah</i> : Music and Meditation Service | Rabbi Richman |
| 10:00 a.m. – 11:00 a.m. | Koret Hall All Ages | Interactive Family Service | Adam Lowy |
| 11:00 a.m. – 2:00 p.m. | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 11:00 a.m. – 2:00 p.m. | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |
| 11:00 a.m. – 12:00 p.m. | Sanctuary | Yizkor Teaching and Remembrance | Rabbi Russell and Rabbi Richman |
| 12:00 p.m. – 2:00 p.m. | Sanctuary | Traditional <i>Musaf</i> Service | Rabbi Russell and Rabbi Richman |

YOM KIPPUR AFTERNOON – MONDAY, SEPTEMBER 25, 2023

| | | | |
|---------------------------|----------------------------------|--|-------------------------------------|
| 2:15 p.m. – 3:15 p.m. | Sanctuary | Ephraim Margolin Session | Ephraim Margolin |
| 3:15 p.m. – 5:15 p.m. | Makom Shalom | Reflection and Meditation | Norman Fischer and Rabbi Richman |
| 4:00 p.m. – 5:00 p.m. | Gronowski Family Chapel | People on the Path | Adam Lowy |
| 5:15 p.m. – 7:45 p.m. | Preschool Newborns – Age 5 | Camp Beth Sholom | Dale Kleisley |
| 5:15 p.m. – 7:45 p.m. | School Building Grades K – 12 | Jewish Life and Learning LabPlaySpace | Adam Lowy |
| 5:15 p.m. | Sanctuary | <i>Mincha, Ne'ila, and Ma'ariv</i> | Rabbi Russell and Rabbi Richman |
| Following <i>Ne'ila</i> | Sanctuary | <i>Havdalah</i> | Rabbi Russell |
| Following <i>Havdalah</i> | Koret Hall | Break-the-Fast | Chef Marlene and CBS Community |

EREV ROSH HASHANAH MUSICAL SERVICE & DINNER

6:00 p.m. service and ~7:30 p.m. dinner on September 15

Join us as we take this traditionally underestimated service to new heights with *ruach*, song and inspiration. Welcome Rosh Hashanah (and Shabbat!) with joy and community in our Sanctuary as we set *kavannot* (intentions) for the new year of 5784. The Rabbis will be joined by Beth Sholom's own Jonathan Bayer and other Bay Area musicians who will make our prayer sing. Musical instruments included. Festive dinner to follow ([registration required via the Beth Sholom website](#)).

KOL DEMAMA DAKAH: MUSIC & MEDITATION SERVICE

9:00 a.m. – 9:30 a.m. on Rosh Hashanah Day 1 and Yom Kippur in Makom Shalom

Join Rabbi Richman at the start of the day to prepare our hearts and souls for prayer. Sit in community and hear the still, small voice of the soul.

ROSH HASHANAH, KOL NIDRE & YOM KIPPUR

Join our Rabbis Amanda Russell and Dorothy Richman and our talented lay *davenners* for an uplifting egalitarian service. Our ancient liturgy, sung in both traditional tunes and contemporary melodies, will help us reflect on the love, fear and awe of our everyday lives. Find comfort in familiarity, consider thought-provoking questions, and make yourself at home in our comfortable, intergenerational, vibrant Sanctuary where everyone is welcome.

The services in our Sanctuary follow the traditional liturgy in the *Machzor* (prayer book) and include *Shacharit* (morning prayers), a full Torah service and *Musaf* (afternoon prayers), with the melodies that evoke the classic character of American/Ashkenazi High Holy Days, with lots of lively, interactive singing. We use *Machzor Lev Shalem*, which provides both English translation and transliteration for many of the Hebrew prayers, as well as a compendium of additional sources and commentaries.



FAMILY SERVICES & ACTIVITIES FOR CHILDREN

INTERACTIVE FAMILY SERVICES

10:00 a.m. – 11:00 a.m. on Rosh Hashanah Day 1 and Yom Kippur in Koret Hall for families with children (newborn through B'nai Mitzvah)

Congregation Beth Sholom invites your whole *mishpacha* to feel the love and embrace the awe of our High Holy Days traditions with our unique community! Invigorate your desire to connect and belong, as you and your children join the Youth Education team in Koret Hall. Adam Lowy, Dale Kleisley and the *Mishpacha* Band will ignite your sense of sight, taste, smell, touch and sound. These interactive services will give us all the chance to engage with old friends and make new ones as we collectively reflect, renew and set intention for an incredible new Jewish year. Live music and song will wash over your body, spirit and soul as we pray, bless and celebrate the beginning of 5784 – together! This service will take place on Rosh Hashanah Day 1 and on Yom Kippur from 10:00 a.m. to 11:00 a.m.

CAMP BETH SHOLOM

Childcare for ages newborn to five

We invite your children to experience Rosh Hashanah and Yom Kippur through exploration and investigation. With songs, stories, movement and food, each child will have the opportunity to engage in the High Holy Days in meaningful ways. Offered in our award-winning Congregation Beth Sholom Family Preschool, our incredible Jewish educators will provide a positive and enriching experience in a nurturing environment. Deliciously healthy snacks and drinks will be provided, including apples dipped in honey!

CHILDCARE DETAILS

[Advance registration is required](#) to attend Camp Beth Sholom and the Jewish Life and Learning LabPlaySpace. For more information about childcare programming, please contact Adam Lowy, Lifelong Learning Moreh Derech, at alowy@bethsholomsf.org.



JEWISH LIFE & LEARNING LABPLAYSPACE

Childcare for ages Kindergarten and up

Community members Kindergarten and up (and those young at heart) are welcome to engage with a variety of materials and experiences that will give space and provide tools to make meaningful connections to the High Holy Days. Through multi-sensory exploration, discovery and play – the big ideas of Rosh Hashanah and Yom Kippur will come to life – these inspiring and dynamic opportunities will support each child as they construct their foundational Jewish building blocks. Deliciously healthy snacks and drinks will be provided. The incredible Life-long Learning Team of educators and Madrichim will bring joy and intention as they nurture and guide.



HIGH HOLY DAYS OFFERINGS

SAT. SEPT. 9: SIMPLY SELICHOT

In the evening at Congregation Beth Sholom

Engage in a High Holy Days “pre-game” with the ritual of Selichot – evening reflections and prayers of forgiveness. Evoke familiar melodies of our traditional services and learn new melodies to move you through the season. This late-night ritual will wake you up to the possibilities of forgiveness, repentance, love and awe.

SUN. SEPT. 17: STRETCH-&-GO BEFORE YOU PRAY

Rosh Hashanah Day 2, 9:00 a.m. – 9:45 a.m.

Meet at CBS and take a pre-service, 45-min power walk around the Presidio. Start with a *kavanna* (intention) and come back ready to welcome in the New Year. Pack a change of clothes, make a quick pit stop at home or come as you are. This will not be a high endurance workout, but comfortable shoes are required.

SUN. SEPT. 17: TASHLICH

Rosh Hashanah Day 2, departs from CBS at 2:00 p.m.

Community Tashlich with Rabbi Richman, Rabbi Russell and Adam Lowy. Embark on a neighborhood walk to Mountain Lake Park for this favorite ritual of Rosh Hashanah release. Singing, flower petals and sweets included.

TUES. SEPT. 19: YOUNG(ISH) 5784 NEW YEAR'S PARTY

6:30 p.m. – 8:30 p.m. at Congregation Beth Sholom

Kick off the Jewish New Year with Young(ish) – 20s to 40s(ish) at Congregation Beth Sholom. Sample local whiskey and bourbon, play trivia (first place winner gets a prize!) – nosh and connect with other Young(ish) folks from our community. [RSVP on our website](#), and come as you are!

Questions? Contact us at youngish@bethsholomsf.org.

THURS. SEPT. 21: DAYS OF REPENTANCE

CEMETERY VISIT – NEW OFFERING

1:00 p.m. – 3:00 p.m. at the Home of Peace in Colma
Meet at Congregation Beth Sholom if needed.

It is traditional to visit the graves of departed family members during the Ten Days of Repentance, between Rosh Hashanah and Yom Kippur. We visit the cemetery during this period of reflection to reconnect with the lives of those who have passed and carry their memory with us as we enter a new year. Join Rabbi Amanda Russell at Home of Peace Cemetery in Colma for a short memorial gathering. Afterwards, individuals will be given time to visit the graves of their loved ones with their own space and pace.

This offering is for members of Beth Sholom. Please [see the form on our website](#) to let us know that you are coming and whether you need a ride or have extra seats in your car. We will do our best to accommodate you.

MON. SEPT. 25: PEOPLE ON THE PATH

Yom Kippur, 4:00 p.m. – 5:00 p.m. in Gronowski Family Chapel

Lifelong Learning Moreh Derech Adam Lowy will facilitate an exploration of the paths taken by some noteworthy community members who are striving to make a positive change in the world. What are they doing to achieve this and why? How does their Jewish identity play a part in their endeavors? Does the strength of our Beth Sholom community inspire them to do their powerful work? Adam will interview these dynamic guests, and, together we will discuss, learn and consider what it means to be on these paths. The conversations will be intimate, unscripted and informal. The possibilities and potential will be infinite. The directions, ways and paths will be explored, discovered and open.

MON. SEPT. 25: SESSION WITH EPHRAIM MARGOLIN

Yom Kippur, 2:15 p.m. – 3:15 p.m. in the Sanctuary

This is the 56th year that Ephraim will deliver a talk during our High Holy Days. Join us as our beloved congregant sparks conversation and discourse about important facets of Jewish life and imparts his deep knowledge and sense of humor.



MON. SEPT. 25: REFLECTION & MEDITATION

Yom Kippur, 3:15 p.m. – 5:15 p.m. in Makom Shalom

Join Norman Fischer and Rabbi Dorothy Richman as we sit together during this powerful time of the Yom Kippur Day, preparing ourselves for our final, truest prayers before the closing of the gates (*Neilah*).

AFTER THE HIGH HOLY DAYS — SUKKOT & SIMCHAT TORAH

BY WED. SEPT. 13: ORDER YOUR LULAV & ETROG

Pickup date: September 27 and 28 at the CBS front desk

It's time to order your Lulav & Etrog for Sukkot, which begins on Friday evening, September 29th! This year we are partnering with Dayenu at the San Francisco JCC as our purveyor of Lulav and Etrog. Pre-order your Lulav and Etrog kit, which will be available for pickup at the CBS office front desk during business hours. [Payment can be made online through ShulCloud](#) or by check.

FRI. SEPT. 29: CELEBRATE X2 – SHABBAT & SUKKOT

4:30 – 7:00 p.m. in the CBS Sukkah (Eva Gunther Plaza)

Please join us for Shabbat and the first night of Sukkot in our beautiful sukkah. We will start the festivities by creating fabulous sukkah decorations, seeing old friends, meeting new ones and enjoying a delightful meal. The evening will culminate beneath the full Fall moon with a Shabbat service led by Rabbi Russell. We look forward to celebrating our multigenerational community together — in the sukkah! [Your RSVP is appreciated.](#)



TUES. OCT. 3: YOUNG (ISH) SUSHI & SAKE IN THE SUKKAH

6:30 p.m. – 8:30 p.m. in the CBS Sukkah (Eva Gunther Plaza)

Join us at Beth Sholom for our second annual Sushi and Sake in the Sukkah! We will gather together under the stars in Beth Sholom's sukkah for vegetarian sushi, sake, and engage in a little Torah as we reflect upon the High Holy Days and the meaning of Sukkot. [RSVP on our website](#), and wear comfy, casual clothes!

SAT. OCT. 7: SIMCHAT TORAH DINNER & DANCE PARTY

6:30 p.m. dinner, 7:30 p.m. Torah dancing, 8:45 p.m. "Late Night" Tisch

As Shabbat comes to an end, we will dance our Torahs onto the dance floor for Simchat Torah! Celebrate the completion of the Torah reading cycle and the joy of this holiday with singing and dancing with our holy Torah scrolls. Featuring SHAMATi Trio and Isaac Zones. This event is in partnership and collaboration with our friends at Congregation Kol Shofar. All are welcome. If you like to dance, eat and sing — you can expect a great time! [Registration is required.](#)



WHAT'S HAPPENING AT BETH SHOLOM — NEW & ONGOING PROGRAMS

FRIDAY NIGHTS

6:00 p.m. — Please [check the calendar](#) to find out about special Friday evening events or community meals.

Welcome Shabbat each week with Kabbalat Shabbat — sometimes with musical instruments and other times with the strength and *ruach* (spirit) of voices alone. Begin to power down by being in community and rejoicing in beautiful melodies and song.

SHABBAT MORNING LEARNING OPPORTUNITIES

With Shabbat as the core of our week, we seek to deepen our experience by offering learning opportunities with special guest teachers. Look forward to learning with:

- ◆ Tamar Zaken
- ◆ Evan Wolkenstein
- ◆ Rabbi David Kasher
- ◆ Naomi Seidman
- ◆ Rabbi Josh Warshawsky
- ◆ And more!

TOT SHABBAT

10:30 a.m. on the 1st and 3rd Saturdays of the month in Gronowski Family Chapel

Celebrate Tot Shabbat with Dale Kleisley, Director of Early Childhood Education and Family Engagement, and musical guests! Our bi-monthly Tot Shabbat service is designed and created especially for children newborn to five and their families (siblings are welcome too!). Join us as we share stories, sing songs, recite prayers together and experience the joy of Shabbat as a family!

TORAH STUDY

8:00 a.m. on Tuesdays on Zoom ([link in the CBS Calendar](#))

Take a look at the weekly *parsha* and delve into the teachings that our text has brought us throughout the past millennia to today. Weekly discussions will be led by our lay leaders, guest teachers and the Rabbis. You're also welcome to sign-in early and catch some morning minyan!



SHABBAT YELADIM: JUST FOR KIDS!

Childcare for ages newborn to five

9:30 a.m. — 12:30 p.m. every Saturday in the Beth Sholom Family Preschool, Gan Mayim Classroom (check the website for changes such as holiday weekends)

Bring your kids to childcare while you enjoy Shabbat elsewhere in the building. Come together for Adon Olam and our community Kiddush. This experience is free for members and \$18 per child for guests. We appreciate advance registration for community guests.

INTRO TO JUDAISM

6:30 p.m. on Thursdays at Congregation Beth Sholom

Judaism is built around community, ritual, and tradition. If you are Jewish, interested in converting and/or raising a Jewish family and looking to learn more, delve deeper, and connect — learn with us! Our engaging, university-accredited Intro to Judaism course is interactive and encourages questions, discussion, and hands-on learning. No knowledge of Hebrew is required. [Register on our website to attend.](#)



BABY, ME & COMMUNITY

10:30 a.m. – 11:15 a.m. on Fridays in the Gronowski Family Chapel

Join music maestro Jonathan Bayer and members of the Beth Shalom staff for song, prayer, dance and community building. Newborn to two year olds and those that care for them are invited to make connections to Jewish melodies, rhythms and joy – create lifelong friendships, share the ritual of Shabbat and bond with the ones you love. This ongoing weekly program is free to Beth Shalom members and \$18 per session for guests. [Register on our website to attend.](#)

BUILD HAVDALAH

Saturdays at “sundown-ish” in Eva Gunther Plaza and Koret Hall – October 28, 2023, December 2, 2023 with the Rebbesoul Power Percussion Trio, and February 10, 2024

End Shabbat and welcome a new week at this community-building Havdalah gathering. Schmooze with friends, meet new people, share a meal, make s’mores, sing and pray as we engage with this joyous, multisensory ritual!

CBS TORAH ACADEMY — NEW OFFERING

While Shabbat can be celebrated in many ways at Beth Shalom, the center of the morning service is chanting/reading (*leyning*) the weekly *parsha* (portion) from the Torah scroll. *Leyning* is a practice that goes back to the earliest days of our people. At Beth Shalom, lay leaders help us fulfill this responsibility. We hope you will join us together, as a community of learners, as we embark on the holy and exciting journey of learning to read Torah. The CBS Torah Academy will combine group learning and 1:1 tutoring sessions to:

- ◆ Learn the skills of *leyning* Torah and deepen your connection to this sacred ritual
- ◆ Develop an ongoing relationship with your tutor and/or *havruta* (study partner)
- ◆ Strengthen your connection to Beth Shalom and to each other
- ◆ Take your place as a valued part of our team of regular Torah readers

[Registration is required](#) (Members: \$360 / Non-members: \$540), and includes three Sunday intensives between October and February, 1:1 sessions with a tutor and a Shabbat to celebrate your learning. Learn more at ritual@bethsholomsf.org.

A HANUKKAH SHABBATON WITH HADAR AND RABBI DAVID KASHER — THE HOUSE OF SEEKING: THE TRANSFORMATIVE POWER OF THE BEIT MIDRASH

December 8 – 9, 2023

Hadar is a center of Jewish life, learning, and practice that builds vibrant egalitarian communities in North America and Israel. Hadar has expanded their presence to California and we are thrilled to welcome their new Director of Hadar West Coast, Rabbi David Kasher, as our scholar-in-residence. Through stories, song and text, he will lead us in an exploration of the culture of the *Beit Midrash* (House of Study), which has been the traditional center of Jewish learning and creativity.

DEATH OVER DINNER... AND DESSERT: A SERIES ON DEATH, GRIEVING AND CARING FOR LOVED ONES

So many of us are experiencing the challenges of caring for aging parents, planning for aging and managing grief and logistics when loved ones die. Yet these are topics we often don't talk about with one another.... and they can make us feel lost and alone when we suddenly need to deal with them. Let's talk – starting with Death Over Dinner on November 6 (members only) and continuing with sessions addressing: rituals and logistics from deathbed to cemetery, ethical wills, caring for aging parents, and difficult decisions at the end of life. All sessions in the series, except for Death Over Dinner, are free and open to CBS members and community guests.

Death Over Dinner: 6:30 p.m. – 9:00 p.m. on November 6
Death over Dinner is an experience that engages participants in discussion around the way we die – the most important conversations Americans are not having. Together, we will enjoy dinner while participating in a conversation facilitated by David Katznelson, Executive Director of Reboot Network. This event is for members only. \$36 per person.

YOUNG (ISH)

Young(ish) at Congregation Beth Sholom is a group of adults in their late 20s to early 40s who meet monthly around programming tailored to catalyze social relationships, strengthen Jewish identities, and build community. Connect with other Bay Area Jews in meaningful ways through Happy Hours, holiday-themed events, Shabbat dinners, book clubs and more! Third Friday Dinners will be hosted by Young(ish) on the third Friday of each month at CBS. Enjoy candle lighting, kiddush, motzi and a delicious kosher meal. The first Third Friday Dinner of 5783 is Friday, October 20th at 7:00 p.m.

Interested in joining? Let's connect! Reach us at youngish@bethsholomsf.org and bring a friend to our next event!

SAGES FOR THE AGES – COMING SOON!

Be on the lookout for special events for the 55+ crowd.

WANT TO GET INVOLVED?

Let us know at membership@bethsholomsf.org!



SECURITY & LOGISTICS

HEALTH & SAFETY GUIDELINES

Beth Sholom continues to recommend that our congregants stay up to date on all vaccines and booster shots (Covid, flu, etc.), for all who are eligible or are at-risk. Masking is *not* required but is certainly welcome should you wish to do so. If you are experiencing cold or flu symptoms – especially fever – we ask, please, that you remain at home.

TICKET CHECK-IN AND WILL CALL

All members and guests must [register online](#). Members can purchase tickets for their guests online. We will not be mailing paper tickets this year in an attempt to reduce our use of natural resources. Members and guests who register in advance will be on our guest list. Check-in will be located just inside the main entrance on 14th Avenue.

SECURITY

Reservations are required for admission to all High Holy Days services (members, member guests, and non-members alike) except for the Family Services, and *Mincha* and *Ne'ila* on Yom Kippur. Security guards and Beth Sholom staff will be stationed at the building entrance to welcome guests. Bags may be checked as you enter to increase our ability to create a safe environment in which to gather and celebrate the High Holy Days together.

PUBLIC TRANSPORTATION

There are several bus lines (1, 2, 28, and 38/38R) with stops within a couple blocks of Congregation Beth Sholom. The Metropolitan Transportation System's website, www.511.org, provides directions to Beth Sholom from anywhere in the Bay Area.

PARKING

Parking restrictions for certain designated streets in the vicinity of Congregation Beth Sholom are waived during our High Holy Days services. Even so, parking is limited. If driving, allot sufficient time to park. Please refer to the [parking map on our website](#) for guidance.

BE A GREETER

Join us in welcoming our members and friends to High Holy Days services at Beth Sholom! We always have openings for greeters, and the more friendly faces the better! Instructions will be provided.

Please contact Adie Paz-Priel via email at apaz-priel@bethsholomsf.org to become a High Holy Days greeter.

STAY CONNECTED!

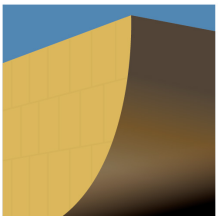
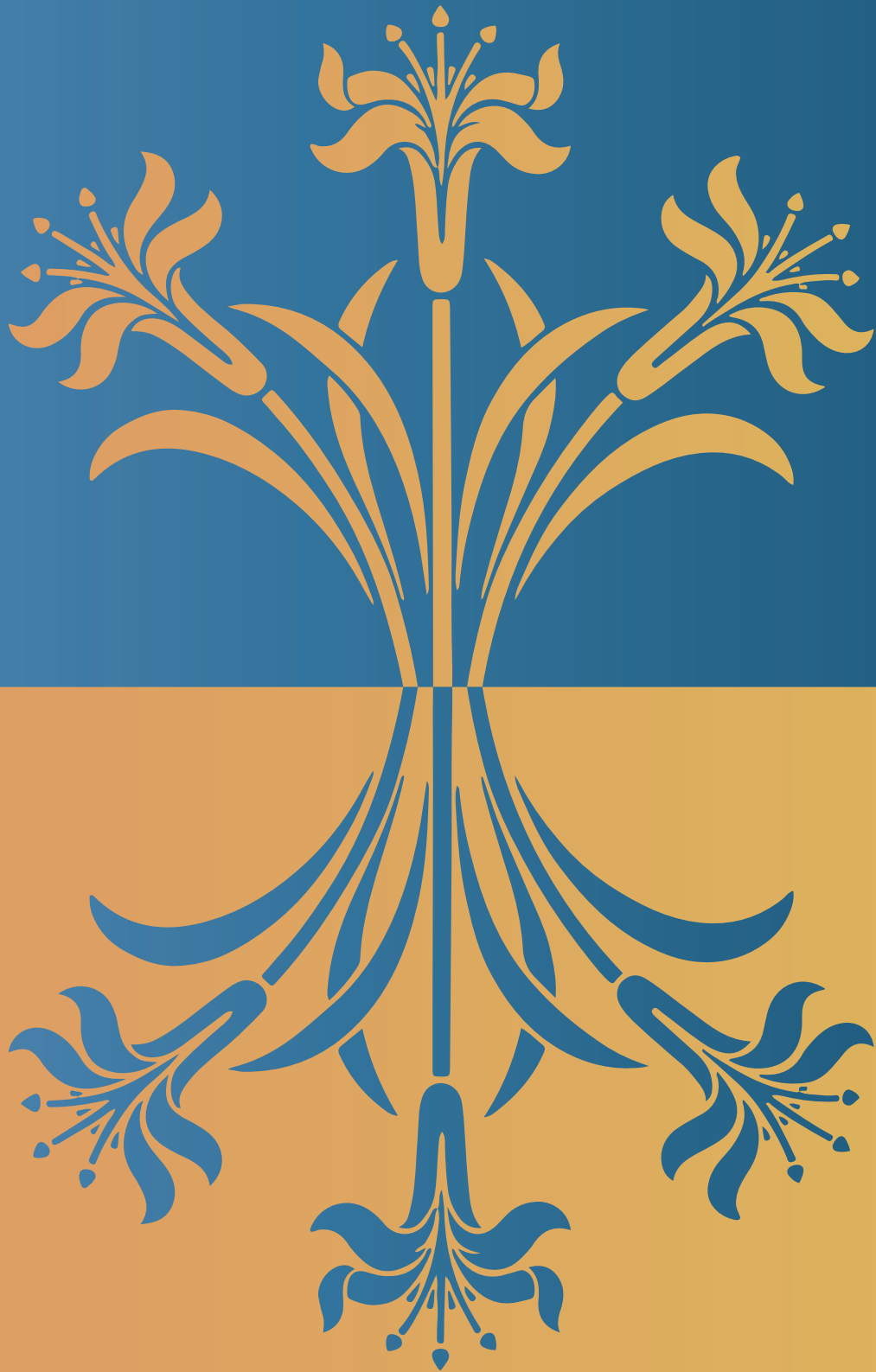


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CONGREGATION BETH SHOLOM

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